A Time to Heal Workbook: Stepping-Stones to Recover for Adult Children of Alcoholics (Inner Workbook Series)

by Jacques Rutzky

Then I heard a member suggest carrying the message inside, Progress to a comprehensive Fourth Step workbook.


Carrying the Message - Our Primary Purpose - Al-Anon 7 Apr 2018. Every minute put into the recovery process is very much worth it. Codependency What’s this, Why I had it & How I healed - YouTube. Codependency What’s this, Why I had it & How I healed - YouTube. Codependency What’s this, Why I had it & How I healed - YouTube. Codependency What’s this, Why I had it & How I healed - YouTube. Codependency What’s this, Why I had it & How I healed - YouTube.